

# Piercing Aftercare

Elite Tattoo Studios | [www.elitetattoostudios.com](http://www.elitetattoostudios.com)

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## DO THE FOLLOWING:

- Only touch new piercing as necessary to clean the healing wound. Wash your hands and nails thoroughly for at least 30 seconds with warm soapy water prior to touching your piercing site every time to avoid infection.
- Soak your piercing for 30 seconds 3 times daily for the first 2 weeks following the piercing, then 1-2 times daily for following 3 weeks.
- Be sure to soak the piercing before removal of crusts, as removing dried crusts can cause the wound to rip at the edges, promoting scarring and infection.

## DO NOT DO THE FOLLOWING:

- The temptation to play with your new jewelry can be almost overwhelming, but you must resist in order to both avoid additional trauma which can lead to hypertrophic scarring and to avoid introducing bacteria to the piercing site which could lead to infection.
- Avoid antibacterial soaps and alcohol. These are much too harsh and can cause unnecessary irritation.

## OTHER THINGS TO EXPECT:

- Once you leave the shop, proper care of your piercing is your responsibility.
- Don't put too much faith in commonsense advice; If you have questions, call or visit the artist that did your piercing.

## REQUIREMENTS

Safe piercing aftercare must include:

- Upholding daily hygiene.
- Maintaining good health habits.
- Avoiding additional trauma.

## AFTERCARE PRODUCTS

- Store-bought saline solution.
- Hurt-Free antiseptic wash.
- Non-iodized sea salt + distilled water (**1/8 tsp per 1 cup water**).